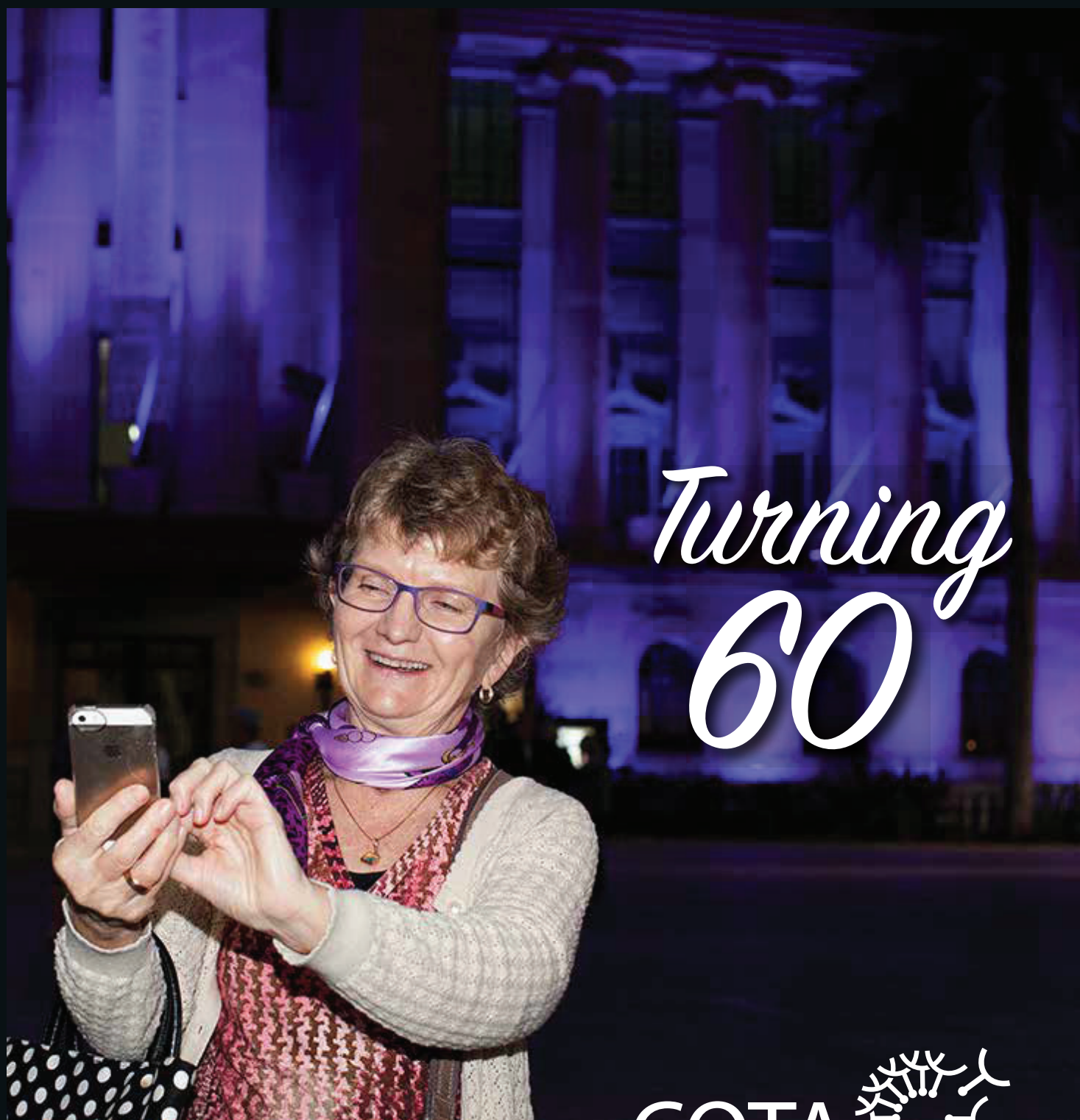


ANNUAL REPORT 2016-17



*Turning
60*

COTA 
QUEENSLAND *Celebrating 60 years*

ACKNOWLEDGMENT OF TRADITIONAL OWNERS



The Safe and Confident Living artwork by David Williams inspires us to reflect on the place of all Elders in their diverse communities and the important role Elders have nurturing young people, and the passing of values, knowledge and culture to younger generations.

The artwork evokes the nurturing spirit of our Aboriginal and Torres Strait Elders, and the impact on their communities and young people prospering from traditions and culture passed on.

The Board and staff of COTA Queensland acknowledge Aboriginal and Torres Strait Islander people as the Traditional Owners of the lands on which we walk, work and live. We wish to pay respect to their Elders - past, present and emerging.

ACKNOWLEDGMENTS

Our work would not be possible without the generous support of members, people who purchase their insurance through COTA Insurance and our funders.

In particular we acknowledge funding from the Australian Government's Department of Health, the Queensland Government's Department of Communities, Child Safety and Disability Services and the Public Trustee.



Funded by
the
Australian
Government
Department
of Health



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VISION, MISSION, VALUES & STRATEGIC DIRECTION



ABOUT US

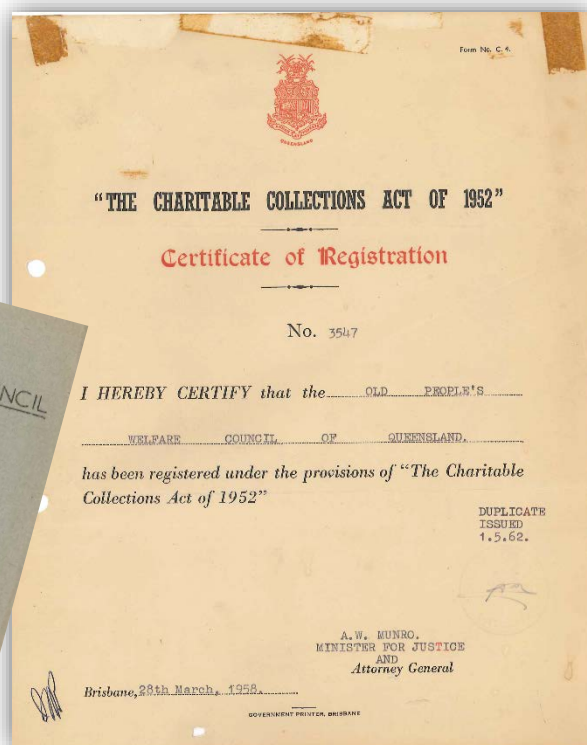
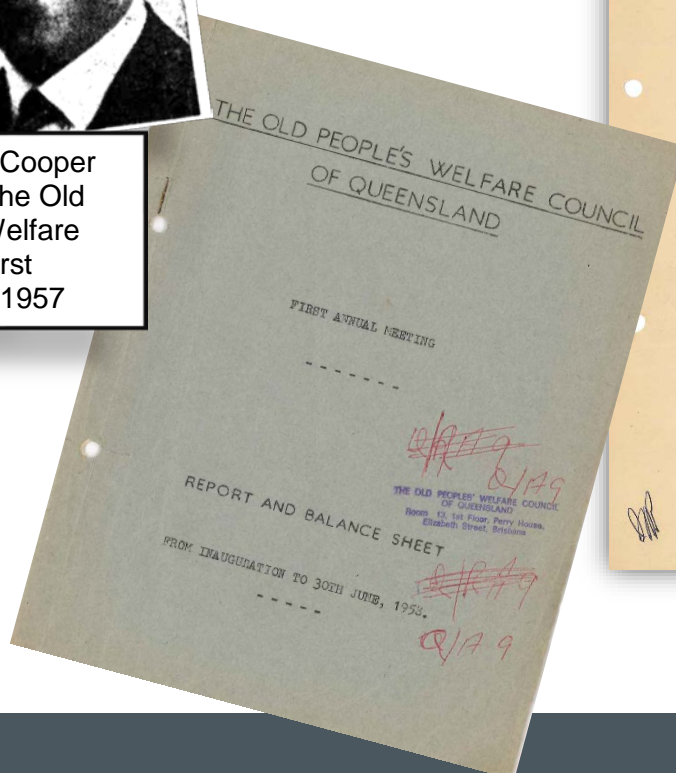
Founded in 1957 as the Old People's Welfare Council, the Council on the Ageing (COTA) Queensland has been influencing decision-makers and supporting older Queenslanders for sixty years.

COTA has a proud history of identifying needs and working with stakeholders to form community organisations to provide services including:

- Meals on Wheels: the first service in Queensland was launched by COTA in 1960 and by 1971 Meals on Wheels services were operating throughout Queensland.
- Aged Care Queensland (now LASA-Q)
- Alzheimer's Disease and Related Disorders Society, established in 1983 based on research and following a series of public meetings
- Association of Residents in Queensland Retirement Villages to act as an advocate on behalf of residents of Queensland retirement villages
- Committees on the Ageing throughout Queensland
- Health Consumers Queensland (2013) to empower consumers to lead and drive better health outcomes
- Older Women's Network Queensland to promote the rights, dignity and well-being of older women
- Senior Citizens Clubs
- University of the Third Age (U3A) in 1986 on the Sunshine Coast, the first in what would become a statewide network
- Volunteering Queensland to advance volunteering for the economic, social, cultural and environmental wellbeing of Queensland.



Major Roy Cooper MBE was the Old People's Welfare Council's first Director in 1957



COTA Queensland strives to influence government legislation and policies and help shape community attitudes towards ageing and older people.

Since 1957 we have helped to foster social change by providing leadership and expert advice on ageing issues, working with other peak agencies and Councils on Ageing across Australia and sister organisations around the world.

COTA Queensland:

- Contributes to an understanding of ageing enabling older people and all sectors of the community to plan for healthy ageing through education advice and activities
- Promotes and engages in research which is of interest and concern to older people
- Provides older people with information that enables them to make informed choices and act on their own behalf
- Works in partnership with older Queenslanders to help shape COTA's policy and advocacy work to challenge and influence decision-makers to co-create positive social change
- Advocates giving priority to older people experiencing injustice, discrimination, disadvantage or disability
- Provides advice to governments, community organisations and businesses on how to be Age-friendly



CHAIRPERSON'S REPORT



Peter Howells

This year marks 60 years of COTA Queensland providing a voice for people as they age. From the beginning our aim was to foster the independence and dignity of older people as they continued to contribute beyond their official working life. Initially the focus was on helping people live in their own homes for as long as possible. As our population has aged we have enlarged our focus to take in many challenges and opportunities.

COTA has had a leading role in ensuring Health and Aged Care services meet the real needs of older people. We have engaged widely to ensure the voice of consumers is heard and translates into better program design and delivery. COTA has initiated and worked with many community organisations over the years to provide valued services. We have also played a key role in promoting community awareness on issues important to older people through community education and support of community events such as Seniors Week.

Like many of the people we work with, we will not be putting our feet up and resting on our record. COTA continues to advocate at all levels of Government on the rights of older people and is actively involved in implementing the Queensland Government's Age-friendly Action Plan. We lead discussions through our role in providing quality, informed, independent advice to a range of agencies and organisations on topics including housing, energy, transport, health and many more.

The words of our vision have evolved over the years since 1957 but the intent remains the same. We continue to work to ensure "Ageing in Australia is a time of possibility opportunity and influence".

We are not alone in striving for our goals. COTA Queensland is an active member of the federation of state and territory COTAs around the country. We support and work with COTA Australia to ensure the voice of older Queenslanders also makes a difference on national issues. Our involvement in the International Federation on Ageing ensures we also connect with the latest issues on the world stage.

All of these achievements can only happen with wide support. We greatly appreciate the commitment of our funders and donors for their essential financial input. My fellow directors give generously of their time and talents to lead the strategy. Our capable and passionate team of managers and staff constantly deliver over and above what we might expect of our limited resources. Our community team takes a leading role in the exchange of information across the state. And finally, but most importantly, we appreciate the support of our members and supporters who share their diverse perspectives, ideas and concerns so we can help them develop Age Friendly Communities.

Thank you all for your generous support and for continuing to work with us as "We advance the rights, interests and futures of Australians as we age".

A handwritten signature in black ink, appearing to read 'Peter Howells'.

Peter Howells, BA, MBA, GAICD, CAHR

CHIEF EXECUTIVE'S REPORT



Mark Tucker-Evans

We started the year on a high - elated yet exhausted following the success of the International Federation on Ageing's 13th Global Conference on Ageing we hosted in Brisbane in June 2016.

An important outcome from the Conference was that the Minister for Disability Services, Minister for Seniors and Minister Assisting the Premier on North Queensland, Coralee O'Rourke had launched *Queensland: an age-friendly community Action Plan*. Within a few weeks of the Conference I had met with one of the Minister's advisers about how we could work with the government to advocate and support the development of an age-friendly Queensland.

We met with the Community Development team from Brisbane City Council to discuss Age-friendly cities and participated with the Redlands Seniors Network to inform age-friendly work being undertaken by Redlands City Council. We also involved QUT and University of Queensland in this work and extended an invitation to Griffith University. Due to personnel changes within a number of partners this work is currently on hold but COTA continues to form relationship with local government, key stakeholders and the community to promote the World Health Organisation age-friendly cities and communities initiative.

An example is the Vision4Brighton Coordination Committee which aims to create an inclusive community place that encourages participation across many aspects of community life in a safe, secure and attractive manner. Brighton, formerly known as Eventide, aims to provide an integrated social health and well-being approach guiding future development and investment, ensuring emergent as well as longer term needs are considered and linked to a sustainable urban environment supporting health and community well-being outcomes.

This complements the work we are undertaking for the Australian Government's Commonwealth Home Support Program to actively involve older people in informing and influencing the Aged Care Reforms. This includes:

- Enabling older people, carers and community members to be more informed and active partners in aged care through the delivery of peer education information sessions and resources
- Providing ongoing feedback from the community about experiences with the aged care system which COTA uses to inform advocacy and policy
- Sharing the consumer and community experience from a rural regional perspective through the Aged Care Legislated Review consultation facilitated by the chair David Tune
- Participation in the My Aged Care national co-design workshops which have informed improvements to My Aged Care from a consumer and carer perspective
- Participation in workshops and providing input to the Wellness and Re-ablement Review
- Presenting the consumer experience of the aged care reforms at forums for service providers, health professionals, government representatives and the community

The Queensland Community Care (QCC) program provides basic support services to people aged under 65 (under 50 for Aboriginal and Torres Strait Islander people) whose ability to live independently in their home and

community is prematurely at risk due to the functional impact of disability, a health condition, or a mental health issue.

Many current QCC service users will be eligible for the National Disability Insurance Scheme (NDIS) and transition to the new scheme by 30 June 2019. Accordingly, the majority of QCC funding will transfer to the Australian Government as part of the Queensland Government's financial contribution to the NDIS.

For QCC service users who are not expected to be eligible for the NDIS, the Queensland Government will continue to provide basic community care services¹. Within this context, COTA Queensland joined with the Department of Communities, Child Safety and Disability Services and other key stakeholders to review QCC to identify opportunities to improve efficiency and effectiveness so as to achieve a well-coordinated, sustainable program that can best achieve the desired outcomes.

We were pleased to join together with Anti-Discrimination Commission Queensland and Spinal Life Australia to again sponsor the Robert Jones Memorial Oration delivered by Professor Simon Darcy, Co-Director Cosmopolitan Civil Societies Research Centre, Management, UTS Business School. The Queensland's Government Inclusive Tourism Guide was also launched at the event by the Hon Coralee O'Rourke.



Radio COTA, COTA Queensland's weekly Podcast, provided a growing number of listeners with the opportunity to be informed about a broad range of ageing issues. One highlight was the interview with the Age Discrimination Commissioner the Hon Dr Kay Patterson AO who provided her perspective on (among other things) harmonising elder abuse legislation, housing options for older people and end of life. The Podcast can be accessed through [Soundcloud.com/radio_cota](https://soundcloud.com/radio_cota).

We have also been working with the Public Trustee and the Queensland Government, Department of Communities, Child Safety and Disability Services to provide free information sessions to discuss the importance of planning ahead and ways to identify key people in your life who know, respect and will act on your wishes should you be unable to act yourself.

These sessions provided by peer educators focus on Enduring Powers of Attorney (EPOA) using a case study to highlight the importance of planning ahead. Sessions run for about an hour and are supported by resources for each participant. Sessions commenced in February 2017 and will be available to May 2018.

We also contributed to the ADA Enduring Power of Attorney Reference Group to support continuous improvement of the coordinated early intervention response to EPOA enquiries including developing pathways for dispute resolution in EPOA matters.

As Queensland's Seniors Peak, COTA Queensland provides advice to the Queensland Government on the needs of our ageing population. This work has been mainly focussed on the following areas:

Cost of Living

The cost of electricity was identified as a major issue and Robyn Robinson has led our energy advocacy program through active involvement on a broad range of consumer, industry and government advisory and reference groups.

The laws around electricity pricing have changed and different electricity retailers can now charge different prices. We were pleased to provide free Switched on Seniors information sessions to enable people to better understand their electricity bills, know where to look for potential savings and how to avoid pitfalls, know how

¹ Heads of Agreement between the Commonwealth and Queensland Governments on the National Disability Insurance Scheme – agreed 8 May 2013 (<https://www.ndis.gov.au/document/heads-agreement-between-commonwe-1>)

to shop around to get the best deal and to know their rights. The information sessions were delivered by our Peer Educators.

Disasters

John Stalker has continued to build on the Disasters in an Ageing World theme of the IFA Conference on Ageing by working with the Office of the Inspector-General Emergency Management Queensland on initiatives to better safeguard older Queenslanders.

Health

We have continued to be active in advocating for the health needs of Queensland's ageing population through involvement in the following initiatives:

- Queensland Clinical Senate Integrated Healthcare Organising Committee
- Co-designing eHealth Queensland's future to enable quality patient care by providing seamless technology solutions and services across Queensland Health
- Statewide Older Persons Health Clinical Network (SOPHCN) Acute Care Working Groups' *How Older Person Friendly are Queensland's Hospitals?* Report to inform strategy and policy developments at State and Hospital and Health Service level to support clinician-led improvements in older person health care delivery across the state
- Metro North Hospital and Health Service Older Persons Health Plan Steering Group to provide strategic advice and direction to inform the development of the MNHHS Older Persons Health Service Plan
- Queensland Mental Health Commission Age Well Working Group to support the implementation of the *Early Action: Queensland Mental Health Promotion, Prevention and Early Intervention Action Plan 2015-17* through a focus on the mental health and wellbeing of older Queenslanders
- *GP Access to the Queensland Health Viewer Board to oversee the development and rollout of the provision to General Practitioners the capability to have access to comprehensive patient information required to effectively manage health outcomes*

We've continued to provide input into the aged care reforms including engaging our community team in workshops held in Brisbane and Canberra. We also participated in the Consumer Directed Care Workforce Conference.

Housing

John Stalker represented COTA on the Advisory Taskforce on Residential Transition for Ageing Queenslanders to make recommendations to remove barriers to accessing housing options and the related support needs of older people

We had input into a collective impact and collaborative process to improve the options available for age-appropriate care and support for older people who are homeless or at risk of homelessness through co-chairing the 500 Lives 500 Homes Aged Care Working Group. A highlight was the 2016 Seniors Week Forum which drew attention to the need for governments and aged care providers to focus on the needs of this group of ageing Queenslanders.

Transport

We continue to be part of the Transport and Main Roads(TMR) Stakeholder Consultative Committee and also TMR Accessibility Reference Group.

COTA also provided advice on issues including ticketing with relation to accessibility and affordability for people 65+ for the Gold Coast 2018 Commonwealth Games.

COTA Queensland meets quarterly with other peaks services including Community Legal Centres, CSIA, Ethnic Communities Council of Queensland, Health and Community Services Workforce Council, NDS, PeakCare, Queensland Aboriginal and Torres Strait Islander Child Protection Peak, QCOSS, Queensland Alliance for Mental Health, Q Shelter, Queenslanders with Disabilities Network and Volunteering Queensland to discuss areas of common interest and to work cooperatively on issues. An example is the annual State Budget Breakfast which enables the sector to engage with the Queensland Treasurer and other Ministers following the tabling of the State Budget.

COTA also participates with a number of Peaks in the Department of Communities Community Services Partnership Forum. This Forum, chaired by the Deputy Director-General provides a platform for the department, non-government agencies and other stakeholders to work together to improve service delivery and outcomes for targeted groups of Queenslanders.

COTA provided independent input into the Queensland Government's *Review of Older People's Program's Service Delivery and Reporting Project*. We continue to work with fifty organisations funded by the Queensland Government to provide services to older Queenslanders to build their capacity.



Seniors Week 2016

Our Seniors Week Coordinator Lisa Hodgkinson arranged for Brisbane City Hall to be lit up purple on Monday 15 August at the start of the week and the Story Bridge was lit up purple on the final weekend 20-21 August 2016. However, Seniors Week is a statewide celebration and throughout the week over 860 events and activities were held throughout Queensland and contributed to another outstanding success.

International Day of Older Persons 2016

A highlight for me was presenting to the St James Coorparoo Parish Social Justice Committee to coincide with Social Justice Sunday and International Day of Older Person. The Catholic Bishop's Social Justice Statement on *Ageing A Place at the Table – Social justice in an ageing society* called on our political leaders to:

- Ensure the benefits of a longer working life extend to all, in a way that promotes positive ageing and values the non-economic contribution of older people;
- Defend the dignity of older people who are frail and vulnerable, ensuring no policy or public debate ever casts these citizens as a burden or as rivals to younger generations; and
- Bring all people to the table to consider a national strategy for positive ageing.

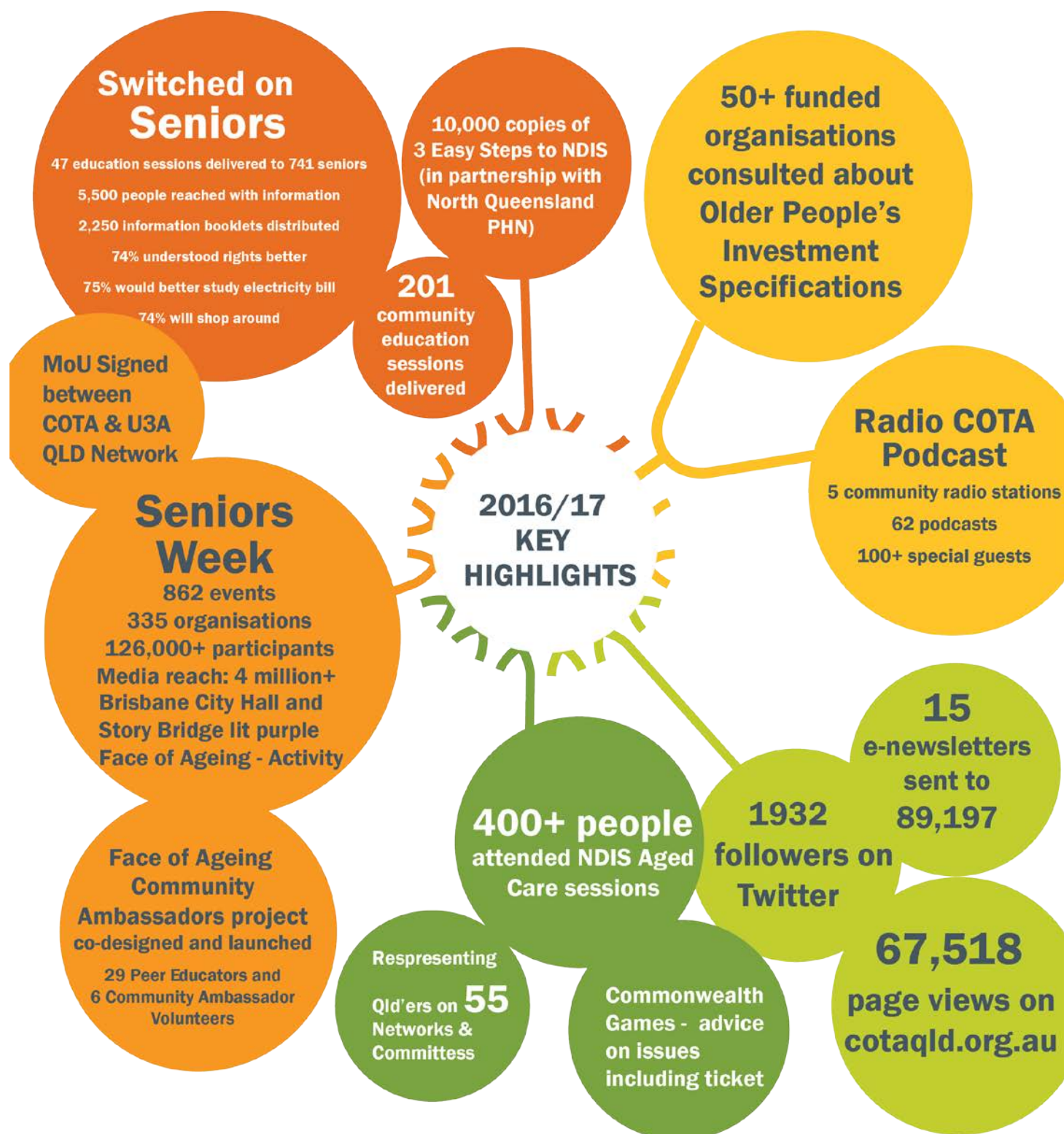
We continue to explore ways to enhance the way we do things. Elsewhere in this Report is a feature story about our community team. For over two decades older people have facilitated our community education sessions and in recent years we have expanded our community team to include COTA Ambassadors.

I take this opportunity to acknowledge the contribution of our funders, our members and all those who have generously contributed over the past year.

Finally, 2017 is the sixtieth anniversary of COTA Queensland's formation. I acknowledge those who had the foresight to establish our organisation and the commitment and determined efforts of past and present Board members, community team members and staff to advance the rights, interests, and futures of people as we age.

Mark Tucker-Evans, Chief Executive

HIGHLIGHTS





Seniors Week

AUGUST
13-21 2016



EVENTS

335 Partners hosted 862 events during Queensland Seniors Week 2106. Ranging from information days, Tech Savvy Seniors sessions, flash mob, river cruises, dances, art shows and so much more.

114

SUBSIDISED EVENTS

Funded by the Queensland Government, 114 events and activities were funded for a total of \$102,050.



PARTICIPATION

An estimated 126,600 people came together and celebrated the many contributions of older Queenslanders.



AUDIENCE

12% Aboriginal & Torres Strait Islanders
14% Culturally & Linguistically Diverse
14% Persons with Disability
14% Internegenerational
37% Seniors
9% LGBTI



MEDIA

During the month of August 2016
241 items of media recorded
4,098,326 Total audience reach
\$298,063 Total advertising space rate



qldseniorsweek.org.au

AGE-FRIENDLY QUEENSLAND

Since 2005, COTA Queensland has been advocating for an Age-friendly Queensland. We strive to influence government legislation and policies and help shape community attitudes towards ageing and older people.

By 2036, it is projected one in five Queenslanders will be aged 65 and over. Our aim is to help create a more just, equitable and caring community in which older people are actively involved and have access to appropriate support, services and care. These principles are consistent with the World Health Organisation (WHO) age-friendly communities approach.

An age-friendly community is where older people are valued, respected and actively engaged in their community. They can stay in touch with people they care about and find the services and support they need.

By creating age-friendly communities, we are creating communities that are more liveable for everyone, enabling people of all ages to actively participate in community life.

People have a right to maintain personal independence, be treated with dignity and respect, live without exploitation, abuse or neglect, be and feel safe, be provided with information, have personal privacy, make decisions, have choice and support if required.



COMMUNITY TEAM

AT A GLANCE

29

peer educators

194

education sessions

4

topics



Programs reached north to Townsville and Charters Towers, west to Roma, and south to Tallebudgera.



The Team gathered community feedback on aged care, health and wellbeing, housing, electricity contracts, and Enduring Powers of Attorney.



Volunteers engaged directly with community, service providers, and Government agencies.



Six Community Ambassadors took photographs and conducted surveys in their communities on ageing well.
#faceofageing

13

representatives contributed to 3 major reviews and consultations for the aged care reforms.

6

presented at forums to over 500 aged care service providers, health professionals, and government stakeholders.

COMMUNITY TEAM

COTA's vision is that Ageing in Australia is a time of possibility, opportunity and influence. Our mission is to advance the rights, interests, and futures of people as we age in Queensland

What does that all mean? And what does it look like in action?

Here's a look inside the COTA Community Team to see how a passionate group of older Queenslanders brings this vision to life.

The COTA Queensland Community Team are committed individuals who contribute their time, experience and insights to co-design and deliver programs in the community. They are an integral part of our team, our feet on the ground, and our eyes and ears. They engage with their communities to identify emerging issues around older people's rights and interests. They identify solutions that promote opportunities for all Queenslanders as we age. They play an essential role in ensuring the experiences and aspirations of older people are heard. More than this, however, they deliberate, distil, and share the lived experience of older people in a way that respects the great diversity in their communities.

However, our Community Team are more than simply a conduit for COTA to conduct its work, or even a way for decision makers to connect with community. They are direct representatives and advocates. They ensure that our programs and policy are designed and delivered not just for, but by older people. They open doors for the community to information, skills, and services, and support individuals to make informed decisions about their own lives. They are the influencers and the innovators, challenging assumptions and finding new ways to approach problems.



Judith Chapman presenting the 'consumer perspective' at the Brisbane North Primary Health Network Aged Care Forum September 2016.

So what have the Community Team been doing this year?

- Two coproduction teams produced peer education on electricity pricing and on enduring powers of attorney – designing the content and the resources in collaboration with other experts in the field, and delivering the programs in their communities
- One member of the Community Team has been working with other key community stakeholders on the Brighton Renewal project. Others have attended expos and forums to connect with groups and organisations and explore opportunities.
- The Team have directly contributed to the aged care reforms throughout the year. One Community Team member from a regional rural setting met with David Tune, the lead of the Aged Care Legislated

Review, in a small group consultation. Two members participated in the national My Aged Care Co-Design Workshops. Others have presented at regional forums and contributed to consultations and submissions through focus groups and national workshops.

- Community Ambassadors conducted surveys and took photographs in their communities, to draw attention to and celebrate the diversity of older Queenslanders and address negative stereotypes. The Ambassadors recorded people's stories about wellbeing and what helps and hinders people to age well in their communities. The stories and photos were shared on the COTA Facebook and Twitter accounts and through our website. This project is continuing into the coming year.

These are just some of the ways the Community Team give life to COTA's vision. As their role and expertise continue to grow, the opportunities to inform, shape, and create change continue to expand. It is in working together in this way that we can expand the potential of all our futures.



“

Drawing on the collective strength of older people, from the roots of the organisation, through our programs today and into the future.

”

THE FACE OF AGEING



Initially developed as an engagement activity for Queensland Seniors Week 2016 to draw attention to and celebrate the diversity of older Queenslanders.

Our aim was to address the negative stereotypes often associated with the ageing experience.

Our Community Team, whose members volunteer their time and skills, began taking photographs of older people and recording their stories. The stories and photos were shared on the

COTA Facebook and Twitter accounts with the hashtag #faceofageing, as well as through our website.

Feedback from our Community Ambassadors highlighted that through these conversations they were able to shift the discussion from a negative (woes) to a positive (joys) focus.

Too often we are bombarded with anti-ageing messages and older people are perceived as a burden on society rather than seeing the fact that more of us are living longer as something that we should celebrate. We must shift the conversation to one of positivity and possibility.

Our Ambassadors have continued the project, shifting the focus to what people value and are proud about who they are, their past achievements and their aspirations for the future.

We are working in partnership with QUT with the aim to:

1. challenge stereotypes of ageing and the ageing process, and recognise the diversity of experiences as we age and
2. to show new ways of thinking
3. support older people to value themselves and their experiences
4. empower older people to take action in their lives.

An early outcome has been that our Community Team has enhanced their photographic skills with training provided by QUT. We will shortly stage an exhibition of their photographs accompanied by stories from people in the community.



SENIORS PEAK SERVICE – CAPACITY BUILDING

COTA Queensland worked with the Regional Contract Officers and the Service Transition Team from the Department of Communities, Child Safety and Disability Services (DCCSDS), as well as the 52 organisations funded under the DCCSDS's Older People's Program with a focus on social isolation.

In the first half of the financial year, COTA Queensland consulted with the 52 funded organisations in relation to their contractual requirements under the Older People's Investment Specifications. COTA Queensland provided written summary analysis from the consultations to DCCSDS on issues, themes, and suggested improvements to the Specifications. This analysis formed a crucial part of the DCCSDS Review of the Older People's Program's Service Delivery and Reporting Project.

In the second half of the financial year, COTA Queensland negotiated the workplan and deliverables for the new Seniors Peak Service Agreement for 2017-2020.

In June 2017, DCCSDS and COTA Queensland signed a new funding schedule for the Seniors Peak Service Agreement for 2017-2020.

COTA Queensland worked with DCCSDS officers (from the Human Services Quality Framework section) on a staged approach to Quality Management for six services funded under the Older People's Program. COTA Queensland expects that the staged approach will be implemented over the next 18 months.



Pictured is COTA Queensland Program Coordinator Tim Heywood and Cooktown 60s & Better Activities Coordinator Sigal Ramon.

OUR PEOPLE

PATRON - His Excellency the Honourable Paul de Jersey AC, Governor of Queensland

Board

Name	Position
Peter Howells	Chair
Neale Condon	Deputy Chair
Maree McMahon	Chair Finance & Risk Committee
Stephen Ring	Director
Robyn Robinson	Director
Professor Linda Rosenman	Director
Margaret Sugden	Chair Policy Committee

Policy Committee

Don Baine
David Bowles
Robyn Robinson
Arthur Sinnatamby
Margaret Sugden

Employees

Name	Position	Dates acted (if not for whole year)
Mark Tucker-Evans	Chief Executive	
Bronwyn Bidstrup	Program Coordinator Aged Care Reforms	
Rebecca Buck	Office Coordinator	February 2017 – Present
Kerryn Clarke	Program Coordinator Community Education	July - December 2016
Denise De La Rue	Finance Officer	
Tim Heywood	Program Coordinator Seniors Peak and Quality Management	
Lisa Hodgkinson	Program Coordinator Seniors Week and Communications	
Angela Jarratt	Program Coordinator NDIS and Seniors	
Lucie Magill	Office Coordinator/ Executive Support Officer	July 2016 – February 2017
Andy Neil	Radio COTA Producer and Host	
Andrea Petriwskij	Program Coordinator Research and Community Education	February 2017 – Present
Stephanie Power	Project Support Officer	March 2017 – Present
Sandi Rodiger	Project Support Officer	October 2016 – June 2017
John Stalker	Policy Coordinator	
Karen Wilson	Project Support Officer	

Volunteers

Name	Position
Bonita Best	Community Ambassador
David Bowden	Community Ambassador; Peer Educator
Sue Bowles	Project / Admin Support
Gordon Boyd	Peer Educator
Judith Chapman	Peer Educator
Joy Daly	Peer Educator
Mary Denver	Peer Educator
Tahhniaa Dhavai	Peer Educator
Margaret Donaldson	Peer Educator
Vanessa Drewery	Peer Educator
Peter Galbraith	Peer Educator
John Green	Community Ambassador; Peer Educator
Margaret Greig	Peer Educator
Kerry Hamilton	Peer Educator
Danijela Hlis	Community Ambassador
Jane Holloway	Project / Admin Support
Robert Hudson	Community Ambassador
Graham Jackson	Peer Educator
Frances (Fran) Kay	Peer Educator
Wilson Kelly	Peer Educator
Libby Knight	Peer Educator
Zelda Lawrie	Community Ambassador
Josephine Marciniak	Peer Educator
Trevor Meares	Peer Educator
Lynley Moore	Peer Educator
Helen Mura	Peer Educator
Neville O'Brien	Peer Educator
Phil Page	Peer Educator
David Peace	Peer Educator
Annette Prentice	Peer Educator
Martine Rimmer	Peer Educator
Tatiana Rooney	Peer Educator
Christen Seanna	Project / Admin Support
Margie Smith	Peer Educator
Brian Spiller	Peer Educator
Karla Thomassen	Project / Admin Support
Angela Tilbrook	Peer Educator
Margaret White	Peer Educator
Pam Wrigley	Project / Admin Support
Roz Young	Peer Educator

It is through the generosity of COTA Queensland's volunteers that we are able to connect with the community, facilitate peer education sessions, plan and coordinate events, bring about changes in policy, and have effective governance in our organisation. All of this supports us in building an Age-friendly Queensland.

HOW YOU CAN HELP

BECOME A MEMBER



COTA provides its members with the chance to belong to an organisation that works with them and for them. Our members participate in various programs and events, get to meet and connect with others and are provided with opportunities to improve their lifestyle. We also help raise awareness of the contributions that older Australians continue to make.

Contact **1300 1300 50** or visit **www.cotamembership.org.au** for more details.

ORGANISATIONAL MEMBER

Organisations which exist to support older people may be eligible for membership. Contact us on 1300 738 348 for further details.

VOLUNTEER

From connecting with the community, facilitating peer education sessions, planning and coordinating events, and bringing about changes in policy, COTA volunteers are valued members of our team.

Contact us today to find out how you can get involved.

LEAVE A LEGACY

Our aim is to help create a more just, equitable and caring community in which older people are actively involved and have access to appropriate support, services and care. You can help us to continue to fight for an Age-friendly Queensland.

You can help us to achieve this by leaving a bequest in your will to COTA Queensland. Your gift will enable us to continue to advance the rights, needs and interests of people as they age in Queensland. To make a Bequest you must first make a Will. Check with your solicitor or the Public Trustee of Queensland for assistance. Leaving a Bequest in your Will to COTA Queensland will enable us to continue to work towards a state where everyone, regardless of age, health status, wealth or social status has a fundamental right to sustainable, ongoing, secure and affordable access to essential services.

Donations of \$2 and over to support the work of COTA Queensland are allowable deductions for income tax purposes because of our Deductible Gift Recipient status under Australian taxation law.

Contact us today on **1300 738 348** or email **info@cotaqld.org.au** for more information.

BECOME A CORPORATE PARTNER

There are opportunities for corporations to support our work through sponsorship, in-kind support, and more.

BECOME A CONSUMER REFERENCE MEMBER

Hearing the stories and experiences of people from throughout Queensland will inform this work so that we can better understand what makes an age-friendly Queensland. Join today at **www.cotaqld.org.au** or by phoning 1300 738 348.

LOOKING TO THE FUTURE

We are not going to rest on the achievements of the past 60 years but instead to change the dialogue and understanding of ageing. We will do this by working with older people themselves to champion the rights, interests and influence of people as we age.





CONTACT US



PO Box 15525 CITY EAST QLD 4002



info@cotaqld.org.au



07 3316 2999 or 1300 738 348



www.cotaqld.org.au



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